Our Campus Dietitian, Executive Chef, and the UofL Dining team work hard to make sure there are healthy, nutrient-dense options available for every lifestyle. If you have questions or concerns, please reach out to us.

This brochure serves as a guide to help identify some of the nutrient dense vegan and vegetarian options that make a balanced meal. Not all vegan and vegetarian options are listed (such as fries or yogurts available at some locations). Some locations—Chick-Fil-A, Wendy’s, City Café, and Panda Express—do not provide enough options to pair and create a balanced, nutrient dense meal, but still have vegan and vegetarian options available. For a complete list of all vegan and vegetarian options at each location, visit:

louisville.edu/dining

This guide was created by our Registered Dietitian and is meant to be a quick, easy way to find the vegan & vegetarian options at our dining locations. If you need additional assistance, please contact our Registered Dietitian to schedule an appointment:

louisville.edu/healthpromotion/services/nutrition-coaching

CONNECT WITH US!

@uofldining
### P.O.D. | GRAB & GO
Davidson Hall, University Tower Apts.

**Entrees**
- Look for the natural & organic snack sections

### McALISTER’S DELI
Miller I.T. Center

**Entrees**
- Veggie Club, pickle & 1 side
  - Cheese Spud
  - Just a Spud & Small Garden Salad
  - Veggie Chili

**Pairings**
- Garden Salad
- Apple Sauce
- Fruit cup
- Steamed Broccoli

### PANDA EXPRESS
Student Activities Center - 1st Floor

**Entrees**
- Veggie Spring Rolls*
  - Cream Cheese Rangoon*

**Pairings**
- Mixed Vegetables**
  - Steamed Brown Rice

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### FOR MORE INFO & COMPLETE MENUS, VISIT:
LOUISVILLE.EDU/DINING