
Undergraduate Minor in Public Health Nutrition

Contact: For more information or to apply to this minor field program, please contact:
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Introduction

The Public Health Nutrition minor will expose students to the basic principles of nutrition within the context of public health, with an emphasis on: 1) nutrition support systems targeted at the general population as well as women and children; 2) assessment tools used to estimate population nutritional status; and 3) food composition, labeling, and advertising. Students will develop critical thinking skills necessary to evaluate nutrition education programs and example dietary patterns, assess advertising claims, and formulate rational policy decisions based on the US Dietary Recommendations.

Admission

Current UofL students will be required to apply to the minor and maintain a minimum of a 2.0 GPA.

Program of Study

The Public Health Nutrition minor can be pursued as a type of specialization within the field of public health, e.g. by Public Health majors, as adjunct preparation for other health fields, such as medicine or nursing, or as an applied field of basic science, such as biology or chemistry. The goal of the program will be to provide students with a solid foundation for further education or careers related to nutrition.

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Coursework

18 total credit-hours of coursework:
 12 credits of required courses
 6 credits of guided elective courses

Required Courses			
Course #	Course Title	Credit-Hours	Semester Offered
PHEH-325	Public Health Nutrition	3	Fall
PHEH-330	Childhood Nutrition from a Public Health Perspective	3	Fall
PHEH-331 <i>or</i> HSS-303	Food Composition and Public Health <i>or</i> Human Nutrition	3*	Fall, Spring
PHEH-332	Nutrition Assessment Tools	3	Spring
Required Course Total		12	
Guided Electives (choose 6 credits from the following list)			
Course #	Course Title	Credit-Hours	Semester Offered
ANTH-352	Food and Body Politic	3	Fall
ANTH-534	Food Farm Movements	3	Varies
ANTH-535	Nutritional Anthropology	3	Fall
ANTH-562	Food Justice	3	Fall
BIOL-350 <i>or</i> PHST-301	Biostatistics <i>or</i> Quantitative Methods in Public Health	3**	Fall, Spring Fall
BIOL-540 <i>or</i> CHEM-445	Intermediary Metabolism <i>or</i> Survey of Biochemistry	3***	Spring Spring
COMM-430	Health Communication	3	Spring
HSS-302	Nutrition in Healthy Living	3	Fall, Spring
PHEP-441	Epidemiological Concepts and Methods for Public Health	3	Spring
Electives Total		6	
Program Total		18	

*Students may substitute HSS-303 Human Nutrition for PHEH-331 Food Composition and Public Health.

** Students may count either BIOL-350 or PHST-301 towards the required total of 6 credits in electives.

*** Students may count either BIOL-540 or CHEM-445 towards the required total of 6 credits in electives.

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Accreditation

The School of Public Health and Information Sciences is accredited by the Council on Education for Public Health (CEPH).

The University of Louisville is accredited by the Southern Association of Colleges and Schools Commission on Colleges (SACSCOC).

For more information, see the [School's accreditation webpage](http://louisville.edu/sphis/accreditation) (<http://louisville.edu/sphis/accreditation>).

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<i>Program Data</i>	
<i>Name</i>	Undergraduate Minor in Public Health Nutrition
<i>Degree</i>	Minor in Public Health Nutrition
<i>Department</i>	Environmental and Occupational Health Sciences
<i>Unit</i>	School of Public Health and Information Sciences
<i>Version</i>	2018.08.10

<i>Program History</i>				
<i>Version</i>	<i>Submitted</i>	<i>Approved</i>	<i>Change Summary</i>	<i>Author(s)</i>
2018.08.10	8/10/18	2/5/19	<ul style="list-style-type: none"> • Initial version • Approved by SPHIS: 12/13/18 • Approved by Provosts' Office: 2/5/19 	Gary Hoyle, PhD Rachel Neal, PhD